



Dr. Lynda Thrower Lowery

June 3, 1947 - April 15, 2023

Dr. Lynda Thrower Lowery, 75 of Heflin Alabama passed away on April 15, 2023, at UAB surrounded by her loving husband. A graveside service will be held.

She is survived by her husband, James “Jim” Gaston Lowery II; brother, Jon Thrower.

She is preceded in death by her parents, Theron and Essie Howle Thrower; brother, Don Thrower.

Dr. Lowery graduated from High School at the young age of 16 where she soon started to pursue her degree in teaching. After graduating, she received her master’s degree and Doctorate Degree from The University of Alabama. She had a very prestigious background in Education and spent many years teaching and administrating. Dr. Lowery got married to Jim in 1980 and together, they made many great memories; ones he will hold dear to his heart. Jim and Dr. Lowery developed a well-known Cattle business in Heflin, Alabama and produced cattle all over Alabama and the south. Jim said Dr. Lowery was very compassionate about her work and they loved each other more than words can describe.

Tribute Wall

RM

“ Lynda was my principal at Miss Howard’s She was a lovely person and excellent administrator. She was smart and always two steps ahead of the hi jinx’s we were up too. We connected a few years ago and I’m so grateful to have know her as a teenager and an adult. Rest in peace dear lady I will miss you so much!



Renee Mayhall - April 21, 2023 at 09:19 AM

SW

“ I used to cut & style Linda’s hair several years ago. She was a very pretty lady & she was very good to me! I thought a lot of Linda! ❤️

shelia Waddell - April 18, 2023 at 07:24 PM

CB

Linda and we’re friends for a very long time. If you were her friend there wasn’t anything she wouldn’t do for you. I have some great memories from our friendship down through the years. I will miss her very much.

Carolyn Skinner Bailey - April 19, 2023 at 09:59 AM

MM

Lynda was a dear friend of mine and I will miss her very much! She was very faithful in the people and things she believed in! Ceya Minder

Mrs. Ceya Minder - May 22, 2023 at 01:01 PM